

Self Confidence Analysis in Pupil Teachers

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Abstract :-

The research looks at the self-confidence of teachers currently under training , which will be helpful in larger investigation on the factors that influence new academics' development related to teachers over time. The self-confidence of new teachers appeared to have a significant impact on the employment of active-learning practices in the classroom.

Teachers' assessments of their knowledge and skills were linked to emotions of self-confidence, with experience playing a crucial role in how they saw their knowledge and skills. The findings have consequences for managers, who should ensure that new teachers have a familiar and consistent teaching schedule, and teacher development, who should foster dialogue and reflection in regard to new teachers' self-confidence and topic understanding.

Introduction :-

There are only a few studies that have looked at how new academics grow as teachers over time. The primary impacts on a new academic approach to teaching and the day-to-day experiences of evolving as a teacher in higher education have received little attention. An area where there appears to be growth in the teaching in higher education literature is in relation to the potentially important role of emotions.

Teaching the students is not an emotion free zone, and the teachers are affected when they are challenged in front of their students. Some previous research has found that the teachers having the most learning focused and learning oriented method of teaching are usually filled with self confidence in relation to teaching. Most common positive emotions in relation to teaching include joy, satisfaction and pleasure. Negative emotions described by teachers are frustration, anger and anxiety. It is important while initial training to take care of these factors and ensure our new teachers embark of a journey filled with positive emotions.

KeyWords :- confidence; content knowledge; teacher development; approaches to teaching; new teachers.

Analysis :-

●Impact on Performance of Pupil Teachers :-

In this section, we will focus on how self-confidence can impact the performance of newly appointed teachers. Very few studies have tried to connect the role of self-confidence with the ability of teachers to deliver content to the students. It's important for us to understand that

experience plays an important role in building self confidence, since a more experienced teacher is familiar with methods to make a specific topic interesting for students.

Being a newly appointed teacher comes with its own challenges such as, speaking in front of a large crowd who will listen to you and also raise doubts in case they are unable to understand your point. It can take the forms of both a

monologue as well as discussion. It's a self confidence thing that you believe you won't forget anything while delivering, so you bring some notes, part of which are for the students and part are for you to keep reminding of important topics. These problems seem to fade away with experience as you develop better familiarity with the content you need to deliver

●Impact on Student Learning and Teacher Review :-

If a teacher is filled with self confidence it has a huge impact in the way they deliver content and it is being processed by the students. Generally previous studies have proved that following a learning focused, discussion based, proper doubt clearing leads to better understanding of the content taught to the students.

This also greatly impacts the way a student judges a teacher and provides their review which will further impact the self confidence of the teacher itself. So, it is like a cycle a teacher with high self confidence will be able to deliver their content better and following a learning focused approach, which will lead to development of interest of student in the topic and the course itself, which will lead the student to regularly follow all the content in that particular course and develop respect for the teacher, this will further elevate the self confidence of the teacher motivating him to do better and prepare better for the upcoming classes.

Similarly a vicious cycle can be seen in teachers with low self confidence, as they will usually be seen as fearful and non-approachable by the students, they won't participate in discussions with the students nor will they be willing to take any doubts. This will further impact their social life and they won't feel happier at times, students won't have much respect for the teacher and they will lose interest in the course, they won't follow the classes nor listen to the teacher. The teacher will lose the attention of the student which will further reduce his self confidence and hence the ability to teach students.

●Impact on Overall Education System :-

This will undoubtedly impact the overall education system, since teachers filled with self confidence will deliver better content in their classes, will have better discussions, students will also have better performance in their exams as their learning will enhance and involvement in academic discussions will also improve.

This will also help in the growth and development of the society in general since people with higher self confidence and positive emotions are filled with motivation and are less likely to fall into depression. They have an active and happy social life which will positively impact the social life of all those in their relations and hence help improve the mental status of the society in general.

Suggestions for Improved Performance :-**1) Transmission Approach :-**

Being a new teacher comes with the problem of lack of experience in the topics you are teaching, which further leads to awkward moments while teaching students such as when students ask questions. They won't have much familiarity with such questions and may haven't thought about it coming beforehand to teach.

A really helpful approach in this case could be to prepare beforehand and think of the various questions a student could ask you while you will be teaching that topic. This will not only improve your self confidence but will also improve the respect students have for you as it would seem to them that you came prepared with your content and have a strong grasp on concepts in this field.

One most important factor teachers mentioned for low self confidence was little respect from the students towards them, and being able to solve their queries fastly and frequently will surely help earn that respect.

2) Student Centric Approach :-

Always follow a student centric approach, don't think a specific topic is easy or hard because you feel so. It might be the case for you personally but surely not for all the students you will be teaching. It is hence very important to keep in mind the background of students in the subject you are teaching, will they be able to follow it easily or you need to provide some background knowledge which will make the process of teaching new content easier and smoother.

It becomes important that you aren't delivering a monologue while teaching students, because that becomes tedious and boring for both you and the students. It is important for the teacher to follow a discussion centric approach and involve more and more students in such healthy discussions. This will not only help them to have better understanding of the content but will also lead to improved self confidence for the teacher who now will be able to deliver all the future topics better.

Conclusion :-

Confidence was frequently expressed in terms of an individual's perceived content and pedagogical knowledge, but content knowledge appeared to predominate most of the time. Teachers' confidence tended to be high if they thought they had a solid level of content understanding. The key impact of this increased degree of confidence on development was that it was frequently associated with taking chances and trying out novel teaching methods.

The fact that a teacher appears to have a more learning-oriented view of teaching, will help them to build their self confidence and deliver content better. This lends credence to the idea that a teacher's self-confidence may trump their understanding of teaching in influencing how they educate in a given situation.

If the teachers were in an unfamiliar setting and perceived their content knowledge of the topic to be relatively low, confidence was also described as being low.

Because of the added anxiety that actively integrating students caused, teachers needed to have a high level of confidence in other components of the teaching and learning setting before considering expanding chances for interaction with students.

A 'fear of taking risks' is a factor. This fear means they do not put themselves in new or challenging situations and therefore fail to gain different experiences upon which they can reflect and develop knowledge.

Therefore, it is high time that we start focusing on the role of self confidence in the pupil teachers and which further impacts their teaching style and their social life in general. We are still a bit far behind in studies in this particular area but surely in coming years we need to develop new strategies and methods to improve the performance of teachers, and hence the performance of students and hence improve the overall education system.

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